

The Datai

LANGKAWI, MALAYSIA

Tucked inside verdant rainforest on the island of Langkawi, yards from the Andaman Sea, is this enduringly fabulous retreat. The small collection of three-walled open treatment rooms – deep stone baths, marble sinks, polished wooden floors – is staffed by the most charming coterie of Balinese, Thai and Malay therapists you'll ever have the pleasure to meet. Dusky leaf monkeys sit munching indifferently and the cicadas sing as you are pummelled and pressed to pure heaven. It's the little touches that make this place stand out – the unbranded essential massage oils housed in simple glass vials, the hot towel under your neck after you turn over, the lavender silk eye masks to ease you into relaxation. Pure, simple, blissful.

WEBSITE thedatai-langkawi.com **BOOK IT** Healing Holidays (healingholidays.co.uk/tatlerspa; 020 7529 8551) offers seven nights from £1,865, including flights, transfers and breakfast.

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