

# JAVVU



## Creating space to ground, unfold and expand mind, body and soul

Welcome to Javvu, your island spa, a relaxed, home from home hangout with two sides to its nature – a private side and a social side where you can retreat into your own private pod under the protective canopy of the trees or chill out in the large, communal lounge for your treatments.

Our treatment menu is made up of the chosen few - a handful of best in class brands and specialists at the top of their field. To make it easy for you to choose we've designed it like a restaurant menu with:

### **'Mains'**

Your 50 minutes inclusive designed especially for Javvu

### **'Sides'**

Your personal favorite additions to make your 'Mains' more enticing

### **'A La Carte'**

Our ritualistic treats for the ultimate spa gourmands who can't get enough of spa

We call our therapists, 'spa specialists' not only because they are 'naturals' with the innate ability to give superb treatments, they are also highly experienced and all have passed Javvu's extensive training school. They are the stars of Javvu, world-class therapists at the top of the tree...

# PURE MESSAGE

The Pure Message concept is based upon using different massage modalities like deep tissue massage, trigger points, Swedish massage, myofascial release, quantum healing and energy work. Our Pure Message treatments strengthen your immune system by stimulating your body to release toxins providing the sense of mental calm, and deep muscular relaxation.

## MAINS

### PURE MESSAGE JET LAG

An elongating and enlivening massage for the whole body that begins with gentle but dynamic stretching and opening moves with the spa specialist gently putting you into specific stretches before the hands on oil and massage strokes. Helps lift sluggishness, tension, ease stiffness and help mobilise joints. It's also a great sleep inducer so helps reset your body clock. Especially great for unfolding the body and mind after travelling, also works as a wonderful daily treatment.

### PURE MESSAGE BACK

This deep massage is all about the back, neck and shoulders to release tension in these big, often problematic muscles. Releasing the back is not only incredibly liberating in itself, it has a chain reaction radiating out to the rest of body making joints more mobile and your entire body more relaxed, balanced and free.

### PURE MESSAGE FACE

Our face holds tension and stiffness just like the rest of the body making us look older and more tired. This special treatment uses the power of touch and invigorating and relaxing strokes to release tension and stress held in your face, neck and shoulders using a light, conditioning silky serum (that you leave to soak in after the treatment as it's a superb facial conditioner). This treatment is incredibly calming and a fabulous natural anti ager making you look and feel refreshed and relaxed. The release of held tension is also a great remedy for headaches and improves sleep.

### EVERYDAY PURE MESSAGE

A massage for every day, working on the specific areas that store the most tension without us even realizing this. This deeply relaxing massage works on the hands, feet, back, neck and shoulders relieving tension creating a sense of calm and peacefulness

## SIDES

More massage	+ 25 minutes \$65
Even more massage	+ 40 minutes \$105
Face massage	+ 25 minutes \$75

## A LA CARTE

### THE AWAKENING 120 minutes \$215

A sequence of heat treatments to melt muscle tension, followed by a detox massage that includes much lighter massage strokes to boost the lymphatic system located just under the surface of the skin, hence the light touch, and deeper, expert tummy massage together with focused back massage to revitalise body, mind and soul and soothe even long-held tension.

### THE WORKS 120 minutes \$205

A top to toe treatment that incorporates a back, neck and shoulder massage, followed by a face massage and thorough foot massage. Tension melting massage sequences leaving the body blissfully relaxed.

### DETOX MASSAGE 60 minutes \$175

A unique treatment that works on the respiratory, gastrointestinal, urinary, skin and lymphatic system helping to activate the body to efficiently detoxify and rebalance itself. The lymphatic system is very close to the surface of the skin so much of this massage is very gentle. A deeper, elongated massage on the tummy follows. Deeply balancing and calming and recommended to have 2 or 3 treatments close together for maximum effect.

### PREGNANCY MASSAGE 75 minutes \$195

Using special, dedicated techniques and positioning to take-care of mum and bump too.

## !QMS QUALITY MEDIC SKINCARE

Founded by a German Dr Schulte !QMS products and treatments are rooted in science that is results driven giving instant results and healthier, stronger and radiant younger looking skin.

## MAINS

### REJUVENATING FACIAL

A great facial for men as well as women a combination of hands-on and results driven products, masks and a liquid exfoliator to remarkably rejuvenate, nourish and hydrate the skin. Complexion looks plumper, smoother and glows with health.

## SIDES

### **OXYGEN BOOST**

+15 minutes \$45

Uses a hi-tech, cool jet of pure Oxygen to smooth fine lines and plump up the skin.

### **EYE REVIVER**

+15 minutes \$40

Ideal for lifting tired and puffy eyes, this relaxing treatment provides complete rejuvenation for the delicate eye area. Through intense hydration; the eye area is nourished, refreshed and smooth

### **LIP ZONE REPAIR**

+20 minutes \$52

Designed to visibly smooth fine lines and wrinkles on the upper lip area, this specialized treatment helps to redefine the lip contour and restore the lip zone to a smoother, more youthful appearance

### **LIFT AND CONTOUR**

+15 minutes \$40

Advanced skincare and massage techniques to release tension in the neck, chin and along the jawline and gives an immediate lifted and toned effect

## A LA CARTE

### **COLLAGEN REJUVENATION FACIAL**

90 minutes \$195

Designed to address the loss of collagen, the main cause of skin aging. This facial features our unique 70% natural soluble collagens. Skin is revitalized and looks more youthful and healthy

### **NEO TISSUEDERMIE FACIAL**

90 minutes \$228

A firming, toning anti-ageing treatment designed for more mature skin. This facial extends to the delicate neck, décolleté and breast area with the use of !QMS powerful contouring cream

### **SK ALPHA REVITAL REVIVER FACIAL**

90 minutes \$205

An intensely stimulating facial using a unique thermal-active revitalizing mask specifically designed to stimulate microcirculation giving an instant boost and leaving the skin visibly smoother and more radiant

### **SKIN RENEWAL FACIAL**

90 minutes \$265

Exclusively designed to support and enhance the skin's own stem cells, this innovative treatment noticeably improves the skin's metabolism to leave it smoother, firmer and brighter

# ILA BODY TREATMENTS

Ila products are totally organic, founded on natural, ethical integrity and hand-blended in the heart of the English countryside. Their treatments are renowned for beautifully bridging the gap between body and soul.

## MAINS

### ENERGISING BODY RENEWAL SCRUB

Himalayan Salt Crystals combined with stimulating essential oils, this is a great tonic for a sluggish body and mood. Revs up circulation, purifies, reduces the appearance of cellulite and brightens the skin leaving you looking and feeling more polished and vibrant.

### NOURISHING BODY SCRUB

Himalayan salt crystals are combined with moisturizing and calming Damascena Rose Otto, Jasmine and Sandalwood essential oils for a more nourishing, conditioning and calming combination. Body will be buffed and conditioned and the nervous system soothed.

### PURIFYING BODY SCRUB

Himalayan salt crystals fused with a variety of mineral rich seaweeds and sea Lavender essential oil that make this body buffer more revitalizing and refining. Skin is flooded with essential minerals and nutrients – hydrating, cleansing and energizing body and soul.

## SIDES

Wraps to condition and beautify all skin types and create a cocoon for the mood.

### ENERGISING WRAP

+25 minutes \$65

A deep cleansing, detoxifying wrap to rev-up the skin, reduce puffiness, re-energizing and softens the skin.

### NOURISHING WRAP

+40 minutes \$70

An exotic wrap combining Rose, Sandalwood and other essential oils with warm and cool packs to help nurture, calm and balance the system.

### DETOX WRAP

+40 minutes \$80

A more bracing, firming seaweed wrap that helps reduce the appearance of cellulite, improving skin texture and hydration.

## A LA CARTE

### ROSE AND ALOE SUN COOLER WRAP

90 minutes \$185

Refreshes and replenishes sun-damaged or overheated skin with a soothing, cooling mist of Rose hydrolat, cooling massage with soothing Body Cream for Glowing Radiance. A Rose and Aloe Vera gel wrap is gently applied over sensitive skin, whilst rose quartz crystals placed upon facial meridians, restores balance and strength.

### ADRENO RESTORE TREATMENT

120 minutes \$182

This strengthening therapy uses adaptogenic ingredients in a targeted scrub and wrap to keep adrenal-function at optimum levels. Naturopathic warmed adrenal packs direct the healing benefits of Vetivert, Pine, Cedarwood, Ashwagandha and Pfaffia where they are needed. A balancing Ku Nye massage follows - a Tibetan body massage that incorporates cupping, kneading, to balance the five elements to restore a harmonious flow of energy and vitality.

### ILA CHAKRA WELLBEING

120 minutes \$255

This bespoke treatment works on the muscles, lymph and nervous system as a whole. Based around seven blends of chakra-balancing essential oils (Chakras are centers of energy, located on the midline of the body. There are seven of them, and they govern us on a psychological and in turn physical level). This ritual involves deep relaxation of the nervous system, lymphatic drainage, subtle healing of the chakras and the pouring of warm oil over the third eye to restore and relax every sense.

## MARGARET DABBS NAIL SPA

We offer first class sole therapy with a difference – fusing health and beauty and providing outstanding care that visibly transform the feet and hands. Performed to the highest standards, nail technicians professionally trained by Margaret Dabbs London offering the optimum results.

## MAINS

### MARGARET DABBS ANTI-AGEING HAND TREATMENT

A thorough hand treatment incorporating cuticle work and a nail tidy with winning range of Margaret Dabbs London products to increase radiance and deeply hydrate the hands.

### MARGARET DABBS ANTI-AGEING FOOT TREATMENT

A thorough foot treatment incorporating cuticle work and a nail tidy whilst utilizing the award winning range of Margaret Dabbs London products to soften and hydrate.

## SIDES

Manicure shape and polish	+20min \$35
Manicure shape and French polish	+25min \$40
Male Manicure/Pedicure	+20min \$30
Jet Lag Reflex Foot Massage	+20min \$30
Deep Sleep Reflex Foot Massage	+20min \$30
Detox and revive Reflex Foot Massage	+20min \$30
Foot Detox Bath	+20min \$30

## A LA CARTE

### THE MARGARET DABBS SUPREME MANICURE 70 minutes \$110

Our outstanding signature manicure for the ultimate in nail treatments. Giving outstanding results and with the indulgence of the full range of Margaret Dabbs London products and finishing with a wonderful hand and lower arm massage and perfect polish. Simply the best manicure you can have.

### THE MARGARET DABBS SUPREME PEDICURE 70 minutes \$115

Our outstanding signature pedicure for the ultimate in foot treatments. Giving outstanding long lasting results and with the indulgence of the full range of Margaret Dabbs London products and finishing with a foot bath, a wonderful foot massage and perfect polish. Pure transformation.

## LOUISE GALVIN

Louise's own luxurious and natural as possible hair care range has no "Nasties" - NO Silicone, Sodium Lauryl sulphate or Propylene glycol, Parabens and Synthetic polymers. Louise believes chemical ingredients including Silicone undermine and destroy our hair's natural ability to shine and her tag line is "Healthy Scalp- Healthy Hair - Be kind to your hair -and yourself - today" Amilla Fushi will be using Louise Galvin's Sacred Locks in our mini hair spa area - nourishing, steam infused conditioning treatments and color protection, perfect to condition hair exposed to sun, sea and saltwater.

## MAINS

A nourishing hair wash with Louise Galvin Sacred Locks SLS & Paraben Free Shampoo suited to your hair type. (Fine or Thick/Curly) with an application of Louise Galvin Conditioner massaged through the hair. Followed by a natural, tousled blow dry.

## SIDES

### **VITOX™ Highlight Brightener**

+ 15 minutes \$55

Louise's pioneering Vitamin C hair detox brightens your highlights that are looking a little lackluster and helps to strip away any environmental or product build up. The VITOX™ combination contains Vitamins C & E - powerful antioxidants for healthy hair, Vitamin B3, necessary for healthy hair growth, Vitamin B5 to maintain moisture levels and Vitamin B6, an essential element to maintain the health of your hair (Not suitable on Grey Hair or darker tints)

### **LOUISE GALVIN Nourishing Sunrise to Sundown Treatment**

+ 20 minutes \$45

Masque can be applied in the morning and left on all day to deeply nourish hair and protect from both the sun and sea. Return to salon at the end of the day for your natural tousled blow dry. Suitable for all hair types.

### **LOUISE GALVIN Signature Blow Dry**

+ 30-45 minutes \$55

A luxurious photo finish blow dry for a chic glamorous finish (Treatment time will vary depending on hair length)

### **Nourishing Color Care Intensive Treatment with Micro Steamer**

+ 20 minutes \$55

An application of Louise Galvin Intensive Treatment Masque for Fine or Thick/Curly Hair applied to the hair with a relaxing full head massage. To intensify the treatment, 20 minutes under our Micro Steamer will ensure maximum penetration of the product to nourish. Ideal for sun damaged and color treated hair.

### **Golden Shimmer Beach Gloss for Blondes**

+ 15 minutes \$45

Translucent Conditioning Golden Beach Gloss by Louise Galvin. A lustrous gold shimmer to add shine and body to your hair. Ideal for blondes wanting to add shimmer, shine and body

### **Burnished Beach Gloss for Brunettes**

+ 15 minutes \$45

Translucent Conditioning Brunette Beach Gloss by Louise Galvin. Ideal for brunettes wanting to add, shine and body

### **Intense Burnished Beach Gloss for Brunettes**

+ 15 minutes \$45

Translucent Conditioning Brunette Beach Gloss by Louise Galvin to enrich color and sun faded ends, can also be used to blend grey hairs until you have time to visit your colorist at home. Ideal for brunettes wanting an intense color treatment to enrich faded ends and blend grey hairs (with Micro Steamer)

### **Post Pool Detox for Chlorine Damaged Hair**

+ 10 minutes \$45

Perfect treatment at the end of your holiday, ideal for children too as this is an entirely natural treatment. A unique two-pack chemistry of The VITOX™ combination that naturally aids oxygen and vitamin uptake whilst providing a perfect platform for color treatment.

**ALL TREATMENTS ARE SUBJECT TO  
10% SERVICE CHARGE AND 12% GST**