



## Alila Villas Uluwatu

BALI, INDONESIA

Once you've had your fill of the culture, crowds, monkeys and terraced neon-green rice paddies, escape and surf some waves for a few days on Bali's most southerly coast. Alila, with its eco-friendly design in a jaw-dropping setting near Karma Beach, is the place to come. Here, the villas are not only set in, yep, more rice paddies, but they pretty much all have ocean views too. The aerial yoga is a big draw – think swinging from the chandeliers, but without the kink factor. In the breathtaking Sunset Cabana – perched on a cliff edge – you'll discover gravity-defying freedom. Elevated in hammocks and guided by in-house yogi Nyoman Warta, asanas can be held for longer, making it possible to achieve postures that would be challenging on terra firma. If you time your visit carefully, you can experience a Moonlight Remedy, where you are massaged outdoors in the sculpture garden under a new or full moon, which apparently tunes you in to the rhythms of nature. Definitely an all-round Bali high. **HEADS UP** Book the Journey to You, a full spa day with private yoga, indulgent treatments and healthy menus. **BOOK IT** Cleveland Collection ([clevelandcollection.co.uk/tatlerspa](http://clevelandcollection.co.uk/tatlerspa); 020 7843 3596) offers four nights, from £2,000, including breakfast, flights and transfers.