



Conrad Maldives

RANGALI ISLAND, MALDIVES

Don't be shocked – this Conrad hotel is a surprising slice of style and serious spa action. It's good-looking, clever – and far more reasonable than most others we could mention in the Maldives. You can go full out and check into a Spa Water Villa (privacy, focus), with some programmes lasting up to two weeks. Geri Halliwell's yoga teacher, the lovely Katy Appleton, hosts retreats here. Or you can simply head for pilates, meditation, personal training, beach power-walking and island boot camp. This is a brave, full-on, bells-and-whistles kind of a place (go for the sunken sushi suppers on the beach); some of it is risky and gimmicky, but nevertheless this is a really impressive spot in the archipelago mega-zone. **Website** conradhotels.com. **UK reservations** Cleveland Collection (tel: 0845 450 5732). **Rates** Double, from £645.